

Twelve Ages.

Embryo: Floating in the amniotic fluid
Brushing a budding hand across her rounded features
Legs flexing into the cushioned womb wall.

Baby: Sucking in the milk
Tweaking mothers breast with her fingertips
Eyes gazing at the face exuding love.

Toddler: Splashing in the bath water
Touching handfuls of bubbles to her nose
Mother enveloping her with gentle touch.

Child: Playing in the park
Beckoning with a gloved hand to her friend
Ripples of laughter floating on the wind.

Teenager: Moping in the classroom
Resting a weary head on her folded arms
Head worrying about life, love and universe.

Twenties: Drinking in the bar
Dancing with arms waving in the air
Body and mind united in hedonistic pleasure.

Thirties: Relaxing in the garden
Holding her future husband in warm embrace
Stomach twitching as the developing child stirs.

Forties: Cooking in the kitchen
Preparing for her daughter's birthday
Mind imagining the joy on the kid's faces.

Fifties: Sitting in the cinema
Watching the latest release, hand in popcorn
Eyes watering now she's alone again.

Sixties: Stretching in the yoga class
Bending to touch her fingers to toes
Knees feeling the first niggling twinge of old age.

Seventies: Swimming in the tropics
Dragging the warm water past her ears
Body luxuriating in the heat of midday sun.

Eighties: Sleeping in the hospital
Twitching as the nurse adjusts the drip
Spirit drifting away with family at her bedside.